

# Faculty of Perinatal Psychiatry Annual Conference

**Monday 25 November**

Venue: RCPsych, London E1 8BB

<b>8.15am-9.10am</b>	<b>Registration and refreshments</b>
<b>9.15am-9.30am</b>	<p><b>Welcome and introductory remarks</b> Dr Livia Martucci, Chair of the Faculty</p>
<b>9.30am-10.15am</b>	<p><b>Bipolar medication and management in the perinatal period</b> Chair: Dr Livia Martucci</p> <p>Dr Marisa Casanova Dias, Consultant Perinatal Psychiatrist, South London and Maudsley NHS Foundation Trust and MRC Clinical Research Training Fellow, Cardiff University</p> <p><b>Q&amp;A session</b></p>
<b>10.15am-11.00am</b>	<p><b>Domestic abuse at the intersection of gender and migration: challenges facing women in the perinatal period</b> Chair: Dr Livia Martucci</p> <p>Professor Sundari Anitha, Chair in Sociological Studies, University of Sheffield, UK</p> <p><b>Q&amp;A session</b></p>

11.00am-11.20am	<b>Morning break and poster viewing</b>		
11.25am-12.20pm	<b>A choice of three workshops</b>		
	<p><b>The Hidden Half: The Role of Specialist Perinatal Mental Health Services in Supporting Fathers and Partners</b></p> <p>Dr Alkis Velivasis, Consultant Perinatal Psychiatrist</p> <p>Kristiana Heapy, Perinatal Clinical Specialist and Team Manager</p> <p>Roan Sheehan, Assistant Psychologist North London Partners Specialist Perinatal Mental Health Service North London Partners Specialist Perinatal Mental Health Service Rm 1.1</p>	<p><b>Music in motherhood project</b></p> <p>Dr Mano Manoharan Consultant Perinatal Psychiatrist, South London and Maudsley NHS Foundation Trust</p> <p>Lorna Greenwood, Head of Scalability, Breathe Arts Health Research Rm 1.6</p>	<p><b>Mother tongue, motherhood and mental wellbeing</b></p> <p>Dr Jamila Carey, Consultant Perinatal Psychiatrist, Tri-borough Perinatal Mental Health Services, West London NHS Trust</p> <p>Fahima Abdi, Perinatal Peer Support Worker, Tri-Borough Perinatal Mental Health Service, West</p>

			<p>London NHS Trust</p> <p>Tatinder Sahota, Specialist Perinatal Occupational Therapist Tri-Borough Perinatal Mental Health Service, West London NHS Trust</p> <p><i>Rm 1.7</i></p>
<p><b>12.20pm-1.10pm</b></p>	<p><b>Lunch break and poster viewing</b></p>		
<p><b>1.15pm-1.30pm</b></p>	<p><b>Margaret Oates Research Prize Winner</b></p> <p><b>An Attachment-Informed Psychosocial Intervention for Women with Moderate-Severe Mental Health Conditions</b></p> <p>Chair: Dr Mano Manoharan Dr Karyn Ayre, ST6 General Adult Psychiatry Higher Trainee, Clinical Lecturer, University of Edinburgh</p>		

**1.30pm-2.00pm**

**Daksha Emson Prize – Trainees Oral presentations**

Chairs: Dr Archana Jauhari, Dr Mano Manoharan, Dr Chaya Mupiri and Dr Sanne Van Rhijn

1. SIGN Guideline- 164 14.1: Eating Disorders in Pregnancy and Postnatal Period by Dr Amritha Sastry, ST5 General Adult Psychiatry, Perinatal Mental Health Service NHS Lanarkshire

2. Use of transcranial direct current stimulation (tDCS) within a Perinatal Mental Health Service for patients with post-natal depression by Dr David Ibrahim, CT2, Northamptonshire NHS Foundation Trust

3. A review of current status of ADHD and ASD assessment and treatment within the Perinatal Mental Health services (PMHS) across Wales by Dr Oluwaseun Adeitan, ST6 in General Adult Psychiatry at Cardiff and Vale University Health Board

4. Rate of Bipolar Affective Disorder or Schizoaffective Disorder Diagnosis in Women with a First Presentation to Secondary Care Mental Health Services During the Perinatal Period, Dr Emma Cook, FY2, King's College Hospital

**2.00pm-2.45pm**

**Perinatal OCD – Neuroscience and clinical management**

Chair: Dr Livia Martucci

Dr Himanshu Tyagi, Medical psychotherapist and Consultant Neuropsychiatrist, National Hospital for Neurology and Neurosurgery, Queen Square, University College London Hospitals

Dr Chrissy Jayarajah Consultant Perinatal Psychiatrist and Clinical Lead for Perinatal Mental Health Services Central and Northwest London NHS Foundation Trust, RCPSYCH Chair of the Perinatal Sub-speciality advisory committee

	<b>Q&amp;A session</b>
<b>2.45pm-3.10pm</b>	<b>Afternoon break</b>
<b>3.15pm-4.00pm</b>	<p><b>Sleep disturbance in the perinatal period</b></p> <p>Chair: Dr Livia Martucci</p> <p>Dr Chiara Petrosellini, Senior Registrar in Obstetrics and Gynaecology, UCLH, PhD Candidate, UCL EGA Institute for Women's Health &amp; UCL Division of Psychiatry</p> <p><b>Q&amp;A session</b></p>
<b>4.00pm-4.45pm</b>	<p><b>Perinatal reflections and panel discussion</b></p> <p>Chair: Professor Ian Jones</p> <p>Liz McDonald, Retired Consultant Perinatal Psychiatrist, former chair of RCPSYCH perinatal faculty</p> <p>Maddalena Miele, Retired Consultant Perinatal Psychiatrist</p> <p>Roch Cantwell, Retired Consultant Perinatal Psychiatrist, Professional Advisor for Perinatal Mental Health, Scottish Government</p> <p><b>Q&amp;A session</b></p>
<b>4.45pm-5.00pm</b>	<p><b>Awarding of prizes and closing comments</b></p> <p>Dr Livia Martucci, Chair of the Faculty</p>
<b>5.00pm</b>	<b>Close of conference</b>